

# Jazz

## PRACTICE CARD

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Fill this sheet out at the end of the week to see how many items you were able to complete!

## THIS WEEK, I...

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Took a Private Lesson at the studio

Asked a question in class

Heard a song I've danced to on the radio

Practiced a combination from class

Felt proud of myself

Remembered something from last practice

## FOR JAZZ, I...

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Got my right split

Got my left split

Got my straddle split

Leaped across a room in my house with straight legs and pointed toes

Stretched while I watched TV or did homework

Did a single jazz turn properly

